



Wednesday  
May 7<sup>th</sup>, 2025

Heritage Woods  
Secondary

“WE ARE KODIAKS”



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
<b>LUNCH</b>	<b>12:13 – 12:53</b>
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



# My Weekly Planner Flex Booking System

Follow the link  
below (also found  
on HWSS) website

Log in with your  
student number  
and password

Enter numbers  
only for your  
student number

Your default  
password is your  
student number

Set new password  
on first log in

Instructions to  
book your flex  
space were  
emailed to you

<https://hwss.myweeklyplanner.net>

# FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



# Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

# Thank you for your cooperation!



Please be respectful  
and refrain from  
parking in the  
handicap spots  
located at the back  
of the school.  
Unauthorized  
vehicles may be  
towed at the owner's  
expense.





# HWSS May Days!

Sign up here!

Monday May 12 <sup>th</sup>	Tuesday May 13 <sup>th</sup>	Wednesday May 14 <sup>th</sup>	Thursday May 15 <sup>th</sup>	Friday May 16 <sup>th</sup>
 Bingo in the library	Musical Chairs in the Grand Hall 	 Karaoke in the Grand Hall	Band Concert in The Grand Hall! 	<b>SCHOOL BREAK</b>  PRO - D - DAY



HERITAGE WOODS SECONDARY

# AFTER GRAD HOLLYWOOD EVENT

JUNE 7TH 2025 | 11:00 PM TO 3:30AM  
TICKETS ON SALE APRIL 4TH  
SCHOOLCASH ONLINE \$85

## EARLY BIRD BONUS

PURCHASE YOUR TICKET BY MIDNIGHT ON APRIL 11TH  
FOR A CHANCE TO WIN YOUR TICKET PRICE BACK!!

CASINO TABLE & DEALERS

WIPE OUT

DJ & DANCE FLOOR

MAGICIAN

IRON MAN OBSTACLE COURSE

AIRBRUSH TATTOO

BALLOON ARTIST/JUGGLER

MECHANICAL BULL

CARICATURE ARTISTS

HYPNOTIST

360 PHOTO BOOTH

AIR HOCKEY & MORE

AMAZING  
PRIZES

CLASS OF 2025





# Heritage Woods Secondary Grad 2025

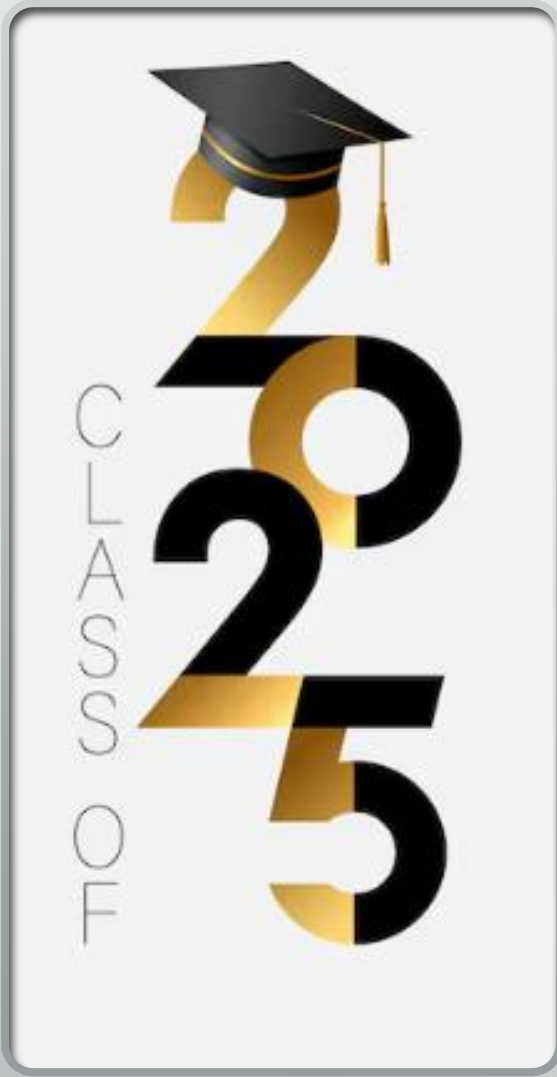
Online Grad Apparel Store

[store.passionsports.ca/hwssgrad2025](https://store.passionsports.ca/hwssgrad2025)

Only 5 days left



## Order by May. 11



## Grad Dinner Dance - Table Selection

- Table selection for the grad dinner dance is taking place now
- Forms will then be available for pick-up at the main office
- All completed forms need to be handed in to the main office. You also need to have paid for your dinner dance ticket to be eligible for table selection.



# ***PICTURE FRAMES NEEDED***

Looking for any  
old picture  
frames – any size,  
color and shape.

Please drop off in  
Room 214 before  
May 10



# 2025/26 STUDY BLOCK APPLICATIONS

**ALL GRADE 11 STUDENTS: APPLICATIONS FOR NEXT  
YEAR'S STUDY BLOCKS ARE NOW DUE. PLEASE  
SUBMIT THEM TO YOUR COUNSELLOR *ASAP!***



A decorative border of pink cherry blossoms and branches frames the text on a light pink background.

# Spring Market

**Celebrating Diverse Learners**

**Wednesday May 7th**

**10:00am -1:30pm**

## **Centennial Secondary**

570 Poirier St. Coquitlam

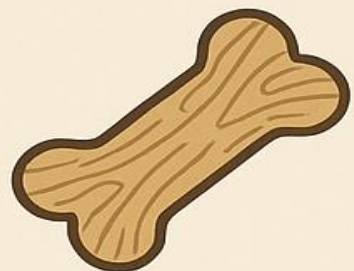
### **Vendors**

Cenntenial Secondary	Pinetree Secondary
Charles Best Secondary	Port Moody Secondary
Gleneagle Secondary	Riverside Secondary
Heritage Woods Secondary	Terry Fox Secondary
Gabi and Jules, Jones Bones Biscuit Co	
Big Girl Pickles, Shimai Cookies and Cakes	

**Some vendors only accept cash**

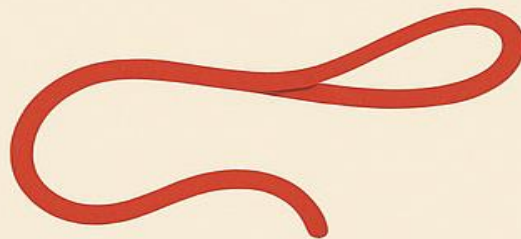


**DOGWOOD**



Affordable.  
Durable. Adorable.

**BCSPCA** SPEAKING FOR ANIMALS  
SPEAKING FOR ANIMALS



# WOODEN DOG TOY SALE

Eco-friendly, handcrafted toys  
your pup will love!



**GRAND HALL**



**MAY 7-8**



**9:00 AM – 3:30 PM**



SPONSORED BY

**PETSMART**



# KODIAK PRINTS



**DAY: MAY 7-8**

**LOCATION: LUNCH @ GRANDHALL**

10% PROFIT TO cean



**BUY OUR STICKERS!**

SCAN FOR OUR INSTA

# Green Charm

Studio

where music meets your keys

Meet us in the grand hall @ lunch  
on may 7th & 8th

First 15 to purchase will be entered in a draw with  
3 winners!!  
10% of our profits will go to  
**STAND**.earth

selling:

Keychains

Phonecharm

Custom

Prices:

Keychains = \$5.50-\$6+

Phonecharms = \$3-\$4+

Custom = \$5-\$\$

Chupa Chups = \$0.25 for 1 & \$1 for 4



GREEN.CHARM.STUDIO

Want to Order?

Scan the QR code to check out our ig and pre-order!

Browse our keychain & phone charm designs!

Learn more about our project



CRAFTED KEYCHAINS

# Whistle Keychains

**\$6 ONLY!**

DONATING 10% PROFITS TO DRESS FOR SUCCESS  
SELLING MAY 7&8 IN THE GRAND HALL  
MADE WITH THE ENVIRONMENT IN MIND

CHECK OUT OUR  
INSTAGRAM!







Root Awakening  
Plant Pots

# Wood Planters

Sustainable. Durable. Local.



SMAL  
**\$6.99**  
LARGE  
**\$10.99**



**MAY 7 & 8** **GRAND HALL AT LUNCH**



@rootawakeningplantpots  
@cdntreesforlife



# ECLIPSE

## T-SHIRTS

\$19.99

ALL SIZES IN BLACK AND WHITE

MAY 7TH & 8TH IN THE GRAND HALL

10% of profits go to the Big Brothers of Greater Vancouver  
Charity.



# ANNEX

"Less new, more you."

\$20-\$60



15% of profits support the Royal  
Columbian Hospital Foundation



@ANNEXOFFICIAL\_

Selling Thrifted  
Patchwork Clothing

**MAY 7-8 @ GRAND HALL**



GRAND HALL  
AT LUNCH  
MAY 7-8



DONATING  
10% OF  
PROFITS TO

TOTE BAGS: \$15  
PENCIL CASE: \$7



May 8



CHECK OUT OUR  
INSTAGRAM!



\$3

# KODIAK KEYCHAINZ

Crafted by nature, carried by you

Come by the Grand hall on May 7th and 8th  
at lunch to get your Kodiak Keychain!

10% goes to the charity

Trees for Lℓfe

Run by: Kyla, Elijah, Katie, Dylan, and Abby





**12% of all profits  
donated to BC  
Grasslands**

# LAVISH



*Luxury in every breath.*

**Car air fresheners - \$4.50  
Sports bag fresheners - \$3.00**

**Wednesday–Thursday  
in the Grand Hall at lunch**

# K&S VINTAGE SALE

**\$10-\$50**

***CARHARTT***  
***OVO***  
***STUSSY***  
***SUPREME***  
***MORE***



**VINTAGE/DESIGNER  
CLOTHES FOR CHEAP**

**10% TO CHARITY**



**LOW ENTROPY**  
FOUNDATION

**MAY 7-8 LUNCH GRAND HALL**



# CLUBS



# A conversation with *DR. CHRISTINE SIMMONS*

Clinical Associate Professor of Medicine,  
UBC Program Director, BC Cancer



**DATE:** May 9<sup>th</sup>, 2025



**TIME:** 12:15-12:55 PM



**LOCATION:** Room 242

HWSS Cancer Research Club

# Garbage Fashion Show

Entry Fee: \$5

**MAY 23RD 2025**

PROMOTING  
SUSTAINABLE FASHION

LOCATION: HERITAGE  
WOODS SECONDARY

TIME: 6PM-8PM

**SIGN UP TO JOIN !**



# KODIAK ATHLETICS

---





# **SAVE THE DATE**

- **Athletic Banquet is Thursday, June 12, 2025.**
- **Purchase tickets on SchoolCash online, sales will close on June 1<sup>st</sup>.**



# CAREER CENTER



# 2025 Grads - Have you received a scholarship?

- We want to know if you have been offered any scholarships so we can recognize your accomplishments in the commencement brochure.
- But you need to tell us!
- This form can be found on Career Ctr Finances & Awards page at the top
- <https://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- Hand in completed form to Ms. Butler no later than June 01, 2025.



## Have you received a Scholarship?

PLEASE PRINT CLEARLY

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

HWSS Student # \_\_\_\_\_

Many students have been actively applying for scholarships on their own time. In order for your accomplishments to be recognized, please complete this form and return it to the Career Centre by **June 1**, Please remember to write a letter thanking any or all scholarship/bursary/award donors.

Award Name: \_\_\_\_\_

Donor: \_\_\_\_\_

Amount: \_\_\_\_\_

Note: \_\_\_\_\_

Award Name: \_\_\_\_\_

Donor: \_\_\_\_\_

Amount: \_\_\_\_\_

Note: \_\_\_\_\_

Award Name: \_\_\_\_\_

Donor: \_\_\_\_\_



# Dr. Hal Weinberg Scholarship for Anmore graduates

The \$3,000 Dr. Hal Weinberg Scholarship is awarded annually to an Anmore Grade 12 student who has demonstrated exceptional community commitment and plans to pursue post-secondary education.

The recipient(s) of the scholarship will have one (1) year to enroll into the post-secondary institution of their choice. Proof of enrollment must be provided prior to disbursing the scholarship.

- The successful recipient will be based on a variety of factors including community volunteering, academic achievements, extra-curricular activities and future plans.
- To apply visit: <https://anmore.com/community/scholarships-grants-awards/hal-weinberg-scholarship/>
- Application by May 16, 2025



# Sasamat Volunteer Firefighters Assoc Award Applications on HW website. Deadline June 18

## Sasamat Volunteer Firefighters Association



### 2025 Award Application Form Due: June 18, 2025



Student's Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Graduating Year: \_\_\_\_\_ Grade: \_\_\_\_\_

Post Secondary Plan: \_\_\_\_\_  
( a brief description of what field you plan to study )  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Planning to enroll at: \_\_\_\_\_  
\_\_\_\_\_

Accepted at: \_\_\_\_\_

#### CHECKLIST: (include all documents in one package)

- ☐ Resident of Anmore or Belcarra – Graduating from Grade 12 this school year
- ☐ 750–1000 word essay on the topic “Why Volunteering is Important in My Community?”
- ☐ Volunteer Hours documented – include details of volunteer service in the essay
- ☐ Proof of acceptance at a post-secondary and/or enrollment within one year
- ☐ Two Reference Letters - from non-family members
- ☐ Reference letters to include contact details and verification of volunteer hours
- ☐ Application Form attached – Attach this form to the front of supporting materials

#### Return completed application by June 18, 2025 to:

- ☐ Heritage Woods Career Centre, OR your local Village Hall (Anmore or Belcarra )

## Sasamat Volunteer Firefighters Association



SVFA  
2025 Award Details  
Due: June 18, 2025



ATTENTION: Anmore & Belcarra Grade 12 Students  
Amount of Award: \$750

#### Criteria:

- Must be a Grade 12 student and resident of Anmore or Belcarra.
- Available to graduating students entering a post-secondary education program in one of the following fields: Fire, Police, Public Safety, Medical, Healthcare, Dental, Military, Social Services.
- Students must provide Proof of Enrollment in a post-secondary program within one year.
- 750–1,000 word essay on the topic: “**Why Volunteering is Important in My Community?**”
- Include details of volunteer service in the essay.
- 2 Letters of Reference from non-family members, verifying volunteer work hours completed.
- Include contact details of References (e.g. email, phone number)

#### Essay Prompt: “Why is Volunteering Important in My Community?”

- By “community,” we mean where you live (e.g. Anmore or Belcarra), your school community, faith community, team/club community and/or other communities to which you belong.
- Describe “your community” in your essay.

#### Possible prompts to help elaborate your response:

- What was your role in the volunteer work? What specific volunteer service did you provide?
- What were your responsibilities? What did you accomplish? How many hours did you serve?
- Upon reflection, what did you learn from your experience? How has this experience influenced your future direction?
- What program are you planning to study? How will your community service assist you in this path?
- Feel free to add any additional information to complete your answer.

Applications are due June 18<sup>th</sup>, 2025, and can be submitted to either Heritage Woods Career Centre or to your local Village Hall (Anmore or Belcarra ).

Questions? Contact SVFA at: <reply2svfa@gmail.com>



Curious about a career in the skilled trades?  
Want to get started?



# SD43 TRADES HIRING FAIR

Wednesday  
June 4th, 2025

5 - 7 PM  
bring your resume



AT CENTENNIAL  
SECONDARY

570 POIRIER ST.  
COQUITLAM

[43CAREERS.COM](http://43careers.com)

[CAREERPROGRAMS@SD43.BC.CA](mailto:CAREERPROGRAMS@SD43.BC.CA)

# Ivey at Western University Summer Leadership Program

- **SLP is a four-day immersive experience for high school students, currently in Grades 9 to 11, passionate about business, leadership, and innovation.**
- **From August 5–8, 2025, students will stay on campus at Western University and take part in case-based learning, interactive workshops, and real-world problem-solving at Ivey Business School.**
- <https://www.ivey.uwo.ca/summerleadership/>
- June 16, 8:59PM PT application deadline

**Application Requirements :** We are seeking motivated, passionate, and dedicated students currently in grades 9-11, eager to embrace the challenges of a fast-evolving business world. Applicants will be evaluated based on:

- **Leadership & Extracurricular Involvement** – Active participation in extracurricular activities, showcasing your ability to lead and make an impact in your community or school.
- **Statement of Interest** – An opportunity to share why you're passionate about leadership, business, and innovation, and how you hope to apply what you learn at SLP.

**Program Fee:** There is a **\$350 participant fee** to attend the program, which covers the cost of your accommodation, meals, and program materials. Financial assistance may be available; please contact us for more details if needed.





# COMMUNITY





# coquitlam celebrates YOUTH WEEK

#CoquitlamYouth

## MAY 1 TO 7 2025

### schedule of activities

#### Thursday, May 1

**Youth Week Trivia Night**  
at Pinetree Community Centre  
5:30 – 7:30 p.m. | Drop-in

#### Friday, May 2

**Youth Week BBQ**  
at Maillardville Community Centre  
Lounge and Plaza  
4 – 7 p.m. | Drop-in

**May the Force Be with You  
Star Wars Event**  
at The Getaway Youth Centre  
5 – 7:30 p.m. | [Course ID 180527](#)

**Bad Seed: Youth Help-a-  
Habitat**  
at Leigh Park  
4:30 – 6 p.m. | [Course ID 191745](#)

**Toonle Skate and After Hours  
Swim (Ages 13 - 18)**  
at Poirier Sport and Leisure Complex  
8:45 – 11 p.m. | \$2 Drop-in

#### Saturday, May 3

**3 On 3 Basketball Competition**  
at Town Centre Park Basketball Courts  
3 – 5 p.m. | [Course ID 188516](#)

**Free Swim**  
at City Centre Aquatic Complex  
3 – 5 p.m. | Drop-in

**No Shoes AMA HOUSE I  
Dance Jam and Art Social**  
at Evergreen Cultural Centre  
5 – 9 p.m. | By donation  
Register at [evergreenculturalcentre.ca](https://evergreenculturalcentre.ca)

#### Sunday, May 4

**Youth Study Lounge**  
at Pinetree Community Centre  
1 – 6 p.m. | Drop-in

#### Monday, May 5

**Flower Planting with the  
Youth Urban Garden Team**  
at Inspiration Garden  
3:30 – 5 p.m. | Drop-in

**Create an Art Journal**  
at Glen Pine Pavilion  
4 – 5:30 p.m. | [Course ID 189704](#)

**Youth Soccer Drop-In**  
at Pinetree Community Centre  
4:15 – 6:15 p.m. | Drop-in

#### All Week

**Scavenger Hunt**  
May 1 – 7 | [Course ID 191117](#)

**Pinetree Wristband Bonanza**  
May 1 – 7 | [Course ID 189920](#)

**Drop-In Activities**  
Visit [coquitlam.ca/Youth](https://coquitlam.ca/Youth) to see the  
youth drop-ins taking place  
throughout the week. Activities  
include dance, basketball,  
volleyball and more!

#### Tuesday, May 6

**Impossible Brain Puzzles**  
at Glen Pine Pavilion  
4 – 5:30 p.m. | [Course ID 190844](#)

**Youth Forest Tours: Mundy  
Park**  
at Mundy Park Field House  
4 – 5:30 p.m. | [Course ID 191751](#)

**Youth Escape Room and Pizza**  
at The Getaway Youth Centre  
5 – 7:30 p.m. | [Course ID 180528](#)

#### Wednesday, May 7

**Game Show Night**  
at The Getaway Youth Centre  
5 – 7:30 p.m. | [Course ID 180529](#)

**Cooking Night and Outreach**  
at Pinetree Community Centre  
6 – 8 p.m. | Drop-in



For more info  
and to register:







## **VOLUNTEERS NEEDED**

**MAY 10th! A great way to get your volunteer hours for graduation, and help in the community at the same time!**

**Email [Anmorecommunitymarket@gmail.com](mailto:Anmorecommunitymarket@gmail.com)**



# Volunteer Opportunity

Do you like to be outdoors? Have a bit of a green thumb?

Freshroots is hosting a volunteer event on **Tuesday May 13th, afterschool from 4:00-7:00 pm.** We are looking for a team to help care for the orchard onsite -- we will be removing invasive morning glory and blackberry, mulching the soil with wood chips, and building a new bed in the orchard to grow more veggies this summer.

The event is open to anyone in the community; **we are asking for those attending to sign up on our website, here: <https://freshroots.ca/volunteer/> (scroll down to Big Help -> Millside Center).**

